



LOFTON BENEFIT NEWS



2020/2021 PLAN YEAR

January 2021

KEEPING YOU INFORMED ON THE LATEST NEWS CONCERNING YOUR LOFTON BENEFITS.

Be sure to watch your mail, email and social media for other announcements from Lofton.

WELLNESS PROGRAM

The deadline for submitting physician forms to qualify for the premium reduction was December 31, 2020. Rates will change as indicated below. Rate changes will be reflected in January's payroll.

Non-wellness: Rate will increase if you participated in 2019 but did not complete/submit form this year. If you have never participated in program rate will remain same.

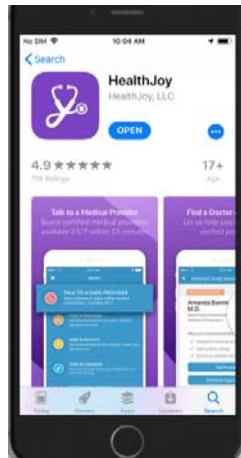
Wellness: Rate will decrease if this is first year you participated and submitted form on time. If you have participated every year including this year, rate will remain the same.

HEALTH JOY

Thanks to everyone who participated in the recent survey regarding this service. We were very excited to receive the positive feedback.

If you are currently participating on the health plan and do not have the app on your smartphone, don't waste another minute! You can download the Health Joy app to your android or iPhone.

Health Joy has all of your benefit information and member id cards in one place, no more trying to locate an id card at a doctor or dentist appointment just open the app on your smartphone. Feeling anxious or depressed or maybe just need to talk to someone? Struggling with finances? The EAP (employee assistance program) provides confidential consults with licensed counselors. Don't miss out on these valuable resources offered to you by Lofton.



PRESCRIPTIONS: SOUTHERN SCRIPTS

Southern Scripts is the pharmacy vendor for the 2020/2021 plan year. Be sure to utilize First Choice Pharmacies in order to receive the lowest price on drugs. To see a list of participating pharmacies, visit www.southernscripts.net or call Southern Scripts at 800-710-9341. If you use a non-participating pharmacy, the drug may not be covered or you may pay additional cost.

Flu Shots are available at participating First Choice pharmacies at no cost to members.

WHERE SHOULD I GO FOR TREATMENT?

When you need care quick, your first impulse may be to go to an emergency room (ER). Did you know there are alternative options to treat your immediate care needs that could save you up to \$1,800.00 or more compared to an ER?

Before you wait for hours in the ER, call your primary care provider (PCP) or family doctor. Many doctors offer same day appointments, but if that's not possible, you may be able to receive fast, professional care for much less at an urgent care center, or an online doctor visit. Remember, you can be treated for many common health issues via telemedicine in the Health Joy application at no cost to you!



CANCER CARE

CancerCARE is a cutting edge program designed to optimize your cancer treatment and increase the likelihood of a speedy recovery. It is a free benefit provided to you by Lofton to help maximize your treatment and overall well-being. Cancer can be beaten and you do not have to face it alone. CancerCARE is here for you and your family through all the ups and downs of the treatment process.

- Access a team of cancer experts who guide you through your care.
- Confirmation that you are receiving the most effective treatment for your diagnosis.
- Access to national Centers for Excellence for complex surgeries, care and second opinions.
- Assistance in finding financial and community support.

To learn more about the program visit CancerCAREprogram.net or call the customer service team at 877-640-9610 and they will connect you with an INTERLINK specialist to answer any questions you have and enroll you in the program.

If you need any additional information regarding any of the programs in this edition of the newsletter or any other benefit inquiries, please feel free to reach out to the Benefits Department at benefits@loftonstaffing.com.

Still have questions? Contact Mary Dixon, Benefits Coordinator at benefits@loftonstaffing.com or 225-924-0200.

Visit us online @ www.loftonstaffing.com