



LOFTON BENEFIT NEWS



2020/2021 PLAN YEAR

April 2021

KEEPING YOU INFORMED ON THE LATEST NEWS CONCERNING YOUR LOFTON BENEFITS.
Be sure to watch your mail, email and social media for other announcements from Lofton.

YOU HAVE THE POWER TO IMPROVE YOUR HEALTH

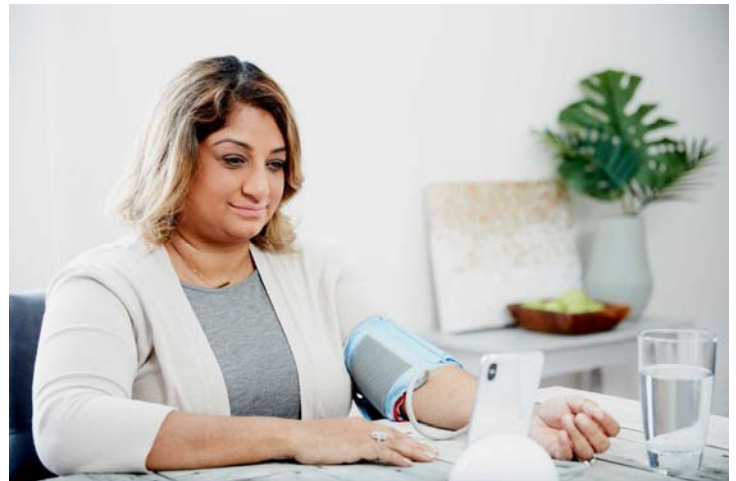
Lofton and Ochsner Digital Medicine are offering two programs to help you **manage your health from home**.

- With the **Digital High Blood Pressure program**, you can take readings from home with a digital blood pressure cuff and receive care from a clinician and health coach over the phone.
- With the **Digital Type 2 Diabetes program**, you can take readings from home with a digital glucometer and receive care from a clinician and health coach over the phone.

What are the benefits of Digital Medicine?

- **No additional trips to the doctor.** Your health device connects to your smartphone and automatically sends readings to your Digital Medicine team.
- **Frequent care from home** with ongoing calls from your care team.
- **Proven to help you reach health goals.** 79% of Digital Medicine patients reached their blood pressure goal after just 6 months and 81% of patients reached their A1C goal after 6 months.

This service does not replace your primary care physician, Ochsner Digital Medicine works alongside of your doctor to deliver the best care possible.



For more information, call **866-622-5929**
or visit **Ochsner.org/Lofton**

ALL-NEW SOUTHERN SCRIPTS APP

Download the new Southern Scripts App in the App store to take advantage of the following features:

Drug Formulary Search

A formulary is a list of generic and brand name prescription drugs covered by the health plan. You can now quickly search for covered drugs inside the app.

Variable Copay™ Enrollment

Variable Copay™ is a revolutionary program designed to significantly reduce the rising cost of eligible brand specialty medications by utilizing manufacturer-provided coupons. Enrollment is necessary to receive these manufacturer provided coupons. Variable Copay™ enrollment is now an integrated app feature.



Prior Authorization Reviews

Prior authorization is a cost-savings initiative of your prescription drug benefit plan that ensures the appropriate use of certain drugs. This program is designed to help prevent improper prescribing or use of certain drugs that may not be the best choice for a given health condition. Members can now view their prior authorizations within the app.

To see a list of participating pharmacies, visit www.southernscripts.net or call Southern Scripts at 800-710-9341. If you use a non-participating pharmacy, the drug may not be covered or you may pay additional cost.

Health Joy Testimonial

"I can't tell you how much I love this health joy app! In less than 10 minutes I was able to talk with a physician and get some medicine filled for this crap viral infection I can't seem to kick. Health joy is awesome!"

Still have questions? Contact Mary Dixon, Benefits Coordinator at benefits@loftonstaffing.com or 225-924-0200.

Visit us online @ www.loftonstaffing.com