



LOFTON BENEFIT NEWS



2020/2021 PLAN YEAR

October 2020

KEEPING YOU INFORMED ON THE LATEST NEWS CONCERNING YOUR LOFTON BENEFITS.
Be sure to watch your mail, email and social media for other announcements from Lofton.

Thanks to everyone who participated in the Lofton annual enrollment. We are pleased to roll out new and enhanced benefits to employees for the 2020/2021 plan year. Renewal benefits are effective October 1, 2020. All enrollments and changes have been processed. If you notice a discrepancy in your elections or deductions, please reach out to the Benefits Department as soon as possible to get it resolved.

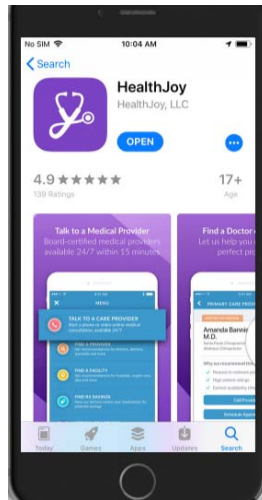
HEALTHJOY

On October 5, 2020 we launched a new way for you to use your employee benefits. We're providing you and your family with unlimited access to HealthJoy, a mobile app that gives you healthcare guidance and support. You will be able to call or chat with experts in employee benefits whenever you have a question. The HealthJoy benefits wallet will make it easy to access all of your employee benefit cards straight from the app.

HealthJoy will also connect you with medical experts for a virtual appointment. It's a quick way to get answers to your medical questions from home.

Next steps:

On October 5, 2020 you should have received a critical email from HealthJoy, asking you to create an account. If you have not already please make sure you register immediately. It only takes a minute. We are confident that you will find this app very helpful in utilizing your benefits.



FLU SHOTS

Getting a flu shot this year is more important than ever, because many flu symptoms mimic COVID 19 symptoms. Although there isn't a vaccination available at this time for COVID 19, you can protect yourself and your family from the flu. The CDC recommends getting a flu shot by the end of October, it can take up to two weeks for antibodies to develop in the body against the flu. Remember, flu shots are covered at 100% at a First Choice Pharmacy.



First Choice pharmacies include CVS, Target, Winn Dixie, Walmart and many more. For a complete listing of First Choice Pharmacies in your area, please refer to www.southernscripts.net.

OCHSNER DIGITAL MEDICINE PROGRAM

We are very excited to roll out a new tool to help employees manage their hypertension and/or diabetes. Did you know that uncontrolled blood pressure and diabetes can lead to more serious health complications, such as heart attacks, strokes and kidney disease? This program is designed to avoid other serious health conditions by providing you with health care professionals and tools to effectively manage your blood pressure and/or diabetes.



You can now manage these conditions from the comfort of your home while staying connected to a dedicated Ochsner care team. All you need is a smartphone and you will be provided with the applicable equipment to have your conditions remotely monitored. The digital medicine program does not replace your PCP, as a matter of fact, they communicate with your PCP regarding treatment. Flyer's are being mailed to your home, please be on the lookout for more details. *This program is only available to employees in Louisiana and Mississippi

WELLNESS REMINDER

Lofton offers a premium credit to employees enrolled in one of the health plans and participate in the wellness program. Participation is voluntary, if you would like to participate, you will be required to complete a wellness screening with your physician and submit the completed physician form to Sterling Wellness by the deadline of December 31, 2020. Additional information as well as required forms are available via Employee Navigator. Log into Employee Navigator and click on "Required Tasks."



If you need any additional information regarding any of the programs in this edition of the newsletter or any other benefit inquiries, please feel free to reach out to the Benefits Department at benefits@loftonstaffing.com.

Still have questions? Contact Mary Dixon, Benefits Coordinator at benefits@loftonstaffing.com or 225-924-0200.

Visit us online @ www.loftonstaffing.com