

LOFTON LAGNIAPPE

MONTHLY EMPLOYEE NEWS



NOT ALL
HEROES
HAVE A
SECRET
IDENTITY

Coming Home Safe For Essential Workers

By: Steve Ham, Lofton Safety Services

If you are one of the essential workers who may be exposed to COVID-19 during your daily work, here are some simple tips to help keep you and your family safe.

BEFORE WORK

- Remove any jewelry including rings, watches, fit bits, etc.
- Wear your work attire, but bring a washable bag with a change of clean clothes and shoes that can be left in your vehicle.
- Bring lunch in a disposable bag.
- Bring proper PPE.

DURING WORK

- Clean and disinfect frequently touched surfaces daily. This includes tables, doorknobs, light switches, handles, desks, computers, phones, keyboards, sinks, toilets, faucets, countertops, and tools.
- Wash your hands after touching objects and surfaces.
- Practice social distancing.
- Avoid touching your eyes, nose and mouth.
- Disinfect your lunch space before and after eating.
- Wear appropriate Personal Protective Equipment (PPE) like gloves or a mask as directed.
- Disposable PPE should be put into trash receptacles or designated disposal bins.

AFTER WORK

- Change out of work clothes, place in the washable bag and store in the trunk of your vehicle.
- Wash hands or use hand sanitizer before getting into your vehicle.
- Leave your work shoes in the trunk of your vehicle or outside the home.

- When you get home, immediately put your work clothes and washable bag in the washing machine with detergent.
- Shower and put on clean clothes.

It's important to think about your potential risk throughout the day. If there is any question about whether you are showing symptoms or have come in contact with someone showing symptoms, alert your supervisor immediately.

Proper Glove Removal (Doffing)



- Pinch and hold the outside of the glove near the wrist area.
- Peel downwards, away from the wrist, turning the glove inside out.
- Pull the glove away until it is removed from the hand and hold the inside-out glove with the gloved hand.
- With your un-gloved hand, slide your finger/s under the wrist of the remaining glove, taking care not to touch the outside of the glove.
- Again, peel downwards, away from the wrist, turning the glove inside out.
- Continue to pull the glove down and over the inside-out glove being held in your gloved hand.
- This will ensure that both gloves are inside out, one glove enveloped inside the other, with no contaminant on the bare hands.

Worried about your healthcare options during the COVID-19 pandemic? Check out the latest news on your benefits with Lofton Services @ www.loftonstaffing.com or on Social Media.

Due to State and Federal Guidelines, LOFTON offices are closed to the public, but remain operational. Call your local branch office for specific questions.

MAY 2020

MAY 5

Cinco de Mayo

MAY 6

National Nurses Day



MAY 10

Mother's Day



MAY 16

Armed Forces Day



MAY 25

Memorial Day

LOFTON OFFICES CLOSED
MEMORIAL DAY
IN MEMORY OF OUR FALLEN HEROES





“Coach Dale Brown - The Best of His Story”

By: Glenda Lofton, Ph.D.

In last month’s article, I told the story of LSU’s legendary coach, Dale Brown, and his impact on my life. This month I promised to give what to me is the best of the story, which also appeared in the October 2018 issue of the Baton Rouge Christian Life Magazine published by Beth Townsend. It’s the story of his life growing up in Idaho with his mother and two older sisters in a small one room apartment above a bar and hardware store. For the first 21 years of his life he never slept in a bed, but had a mom who not only took him to Mass and Communion every day, but sent him to Catholic School.

Coach Brown’s father left his mother, Agnes - who only had an eighth grade education - and his two sisters, eleven and twelve, two days before Dale was born! His departure would have made their life difficult at any time, but this time life was made even more difficult by the Great Depression in 1935. His mom became a maid and baby-sitter to earn money, but still had to put the family on welfare where they received a check of \$42.50 a month! Given their meager income, one of Dale’s favorite memories and one that has stayed with him all his life is his mother putting on a winter coat and walking down a flight of stairs to take back 25 cents and 40 cents to the Red Owl and Piggly Wiggly grocery stores because the clerks had given her too much change! Those actions still remind him of Edgar Guest’s well known poem which

begins: I would rather see a lesson, than hear one any day. I would rather one would walk with me than merely show the way...

She also followed the advice of St. Francis of Assisi when he said, “Preach the gospel every day, and if necessary use words.” Not once, he noted, did he ever hear his mother talk negatively about the man who abandoned them. He continued: “She never drank, smoked, or used profanity. She was never

Dale continued one of my favorite parts of the story. Because they lived in a one-room apartment, he would often go outside and sit on the fire-escape. One night, he noted, the faith instilled in him by his mother deepened when he came back inside. She asked him to sit down and tell her what he thought about outside. He noted two things: travel (they had no form of transportation, not even a bike) and climbing mountains! (Dale noted in

the article that his dream did later come true. He had been to 90 countries and climbed the Matterhorn.) After hearing his dream, his mother hesitated a moment and then said, “You know Son, I’m embarrassed to tell you this, but I need to teach you a lesson...” She then went on to describe how embarrassed she was by her lack of education and rummage sale clothes when people came to get her to baby-sit. To improve her image she would look up words in the dictionary and inject the words into conversation to try to impress them. And then she gave one of the most important lessons I think a mother could give:

“When you sit out there on the fire escape at night, and it’s just you and God, that’s your true character...And if you spend too much time polishing your character, you’ll eventually tarnish your character and be an unhappy man. That night,” Dale notes, “my mom taught me that being my true self was far more important than trying to impress people or pretend to be someone I was not. Your character is who you really are and your image is who you are perceived to be.” What a mother and what a lesson for all of us as we celebrate Mother’s Day this month!



Dale Brown with his mother, Agnes.



Very happy Via and Zach Lofton with Dale Brown

bitter, angry, or even complained about her situation in life. I learned from her if you are looking for a helping hand, look at the end of your own arm.” He continued by describing the unbelievable faith of his mother: she brought him to Mass and Communion every day which he admits to him became a ritual. He also confesses numerous attempts to avoid going such as fake illnesses, but his mom’s response was always, “Get up son. We’re going to Mass and Communion.”

NEW Health Savings Account Changes



The CARES ACT (COVID Stimulus Bill) that was recently passed by Congress permanently reinstates coverage of over-the-counter (OTC) drugs and medicines as eligible for

reimbursement from HSAs without a prescription. It further expands the definition of qualified OTC items to include menstrual care products.

This change is effective for expenses incurred on or after January 1, 2020.

Officer Kudos

Glad to be a part of SLCC Foundation in helping our community. Big shout-outs to Lt. Jermain Perkins and Officer Dwight Johnson in making a difference.



New Lafayette Office

We are excited to announce our Lafayette team has moved into their new office location, ready to serve Acadiana in all their staffing, security and safety needs. Please call the office before dropping by due to COVID-19, 337-269-0500.



NEW LOCATION:

325 E. Verot School Road
Lafayette, LA 70508