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Monthly Employee News

June 2018

Hurricane Preparedness

By: Steve Ham, Lofton Safety Services

It's that time of year again...hurricane season. The hurricane season runs from June 1st to November 30th. History teaches that a lack of tropical cyclone awareness and preparation are common threads among all major hurricane disasters. While hurricanes pose the greatest threat to life and property, tropical storms and depressions also can be devastating. Floods from heavy rains and severe weather, such as tornadoes, can cause extensive damage and loss of life.

Are you prepared for a tropical cyclone? A violent tropical cyclone with constant wind speeds of 75 miles per hour or more is known as a hurricane. A category 5 hurricane is the strongest storm, with wind speeds of 155 miles per hour and higher. A hurricane watch means conditions pose a possible hurricane threat in a specific area, usually within 36 hours.

Here are some things to do to prepare for a hurricane:

- Have plenty of cash on hand.
- Plan multiple escape routes.
- Plan where to go if told to evacuate.
- Learn locations of official shelters.
- Ensure vehicle has plenty of gas.
- Prepare a supply kit, including batteries, candles, flashlights, first aid kit, portable radio, nonperishable food, and several days' water supply.
- Prepare the interior of your home.
- Prepare the exterior of your home.
- Bring in light-weight objects, such as garbage cans, garden tools, toys and lawn furniture.
- Avoid low-lying areas.

After the hurricane is over, keep listening to the radio or television for instructions. When local officials tell you it is safe, you may return home. While no one knows where the next hurricane may form or hit, being prepared is a good defense.

To stay prepared, you can log onto the National Hurricane Center at www.nhc.noaa.gov/prepare and download the Tropical Cyclone Preparedness Guide.

First Impressions on the Job

By: Julie East, Corp. Marketing

When starting any new job or assignment, the first impressions about people often turn into long-term perceptions and reputations. That first impression about you and your potential can make a major impact on your future success with the organization.

How can you improve your chances of making a strong first impression when starting a new job? Check out these tips to help you make a great impression:

- Arrive early (Don't be late).
- Have a positive attitude.
- Dress professionally / Blend in with co-workers.
- Show your team spirit (working well with team members).
- Learn co-workers' names quickly.
- Ask guestions / Ask for help.
- Take notes / Go to orientation.
- Be a self-starter / Take initiative.
- Discover everything about your new employer.
- Work full days (don't leave early).
- Don't call out sick or ask for time off.
- Establish a good attendance record.
- Avoid office politics and gossip.
- Have lunch with different people in the company.
- Keep personal business on company time to a minimum.
- Take advantage of after-hours activities.
- Listen more than talk.
- Track accomplishments.
- Own up to your mistakes (don't blame others or point fingers).
- Show appreciation.
- Find a mentor.
- Get and stay organized / Set goals.
- Keep your boss informed of everything.
- Meet and network with key people in the organization & profession.

A great first impression can lead to a long career success.

What's Happening This Month

June 6

D-Day

D-Day commemorates the epic battle in WWII on June 6, 1944 on the beaches of Normandy that foreshadowed the end of Nazi domination. Over 425,000 Allied and German Soldiers were killed or wounded.

<u>June 14</u>

Flag Day

Flag Day commemorates the adoption of the flag of the United States, which was resolved by the Second Continental Congress in 1777. U.S. citizens are encouraged to fly the American flag for the duration of the week.

June 17 Father's Day



June 19

Juneteenth

A holiday in the U.S. honoring African American heritage by commemorating the abolition of slavery in the state of Texas in 1865.

<u>June 21</u>

First Day of Summer









Scrapbooks Are For Memories

By: Glenda G. Lofton, Ph.D.

Last month, I mentioned the recent reunion for students who attended Jefferson Terrace Elementary in Baton Rouge from 1960-1980—the school where I taught second grade for ten years. In preparation for the reunion, I got out my scrapbook, now yellowed with age. Much to Tommy's dismay, I completed it back in the 70's while packing for our move from Baton Rouge to Kentucky and eventually to Georgia where I completed my Ph.D. It also included the following poem that I had written about my second graders my first year as a college professor at Wesleyan College in Macon, GA when I was asked to be a guest speaker at a banquet for future teachers:

"Scrapbooks Are for Memories"

I open my scrapbook tenderly
For each page evokes a memory.
Days of sorrow, days of joy...
A giggling girl, a sad little boy.
As I look at the mementos and pictures I find
That it's people, not lesson plans,
That stand out in my mind.
And as I look it occurs to me
That I learned more from them
Than they learned from me.

Here are a few second graders from whom I learned at Jefferson Terrace and Central where I taught one year; the names are omitted to protect the innocent...and me.

B—the struggling student—
B had difficulty learning you see,
And he was as nervous as he could be.
He wanted so much to do it right
He literally quivered with fright—
An old man at nine.

From B I learned to identify people's strengths and recognize their accomplishments. "How would you like to go to school (or work) every-

day never expecting to succeed and never being disappointed?"

T—the bright child—

T was as "quick" as B was "slow."

There wasn't much that he didn't know...
But from him I learned the older he grew
That knowledge must be channeled in
ways good and true.

The last I heard about T, he was in prison.

T taught me that knowledge and ability are not enough. Character counts. It helps to ask, "Was your behavior wise or foolish?"

E—the handicapped child—

E came to school with braces and crutches,

And as if that weren't enough His dad was dying with cancer. For some kids life is tough!

From E I learned the importance of balancing compassion with high expectations. We challenge others when we focus on their ability, not their disability.

R—the angry child—

R came to the classroom as a bitter, rebellious child.

Very seldom did I ever see her smile.

Her hostility toward others was plain to see.

She responded to her classmates with animosity—

Wrecked havoc in my classroom!

From R I learned the effects of an unstable home environment--and the importance of Maslow's Hierarchy of Human Needs: (1) Physiological needs such as food, water, air, and sleep; (2) safety needs, (3) belonging needs—love and affection; (4) esteem needs—self-esteem and esteem of others; (5) the need for self-actualization—becoming the person we were born to be.

The Fearsome Four—

The Fearsome four brought delight and gloom

And taught me how to survive in a class-room

With four hyperactive kids!

No one could believe I got "all four" the same year. From them I learned the importance of working with others to meet needs, solve problems, identify resources...and I prayed a lot. (Thankfully back then, the separation of church and state was not emphasized.)

B—the protected child—

From B's mom I learned that though we try very hard

Our actions often bring anger rather than reward.

I should have previewed the film I showed that day

Because when it showed a baby deer being born

B's mom called to say...someone's going to pay!

We all make mistakes, but we keep trying because we care!

By the time B's mom called me, she had already contacted other parents, the School Board Office, LSU, and the Wildlife and Fisheries who had produced the show. Thankfully, my apologies and reputation as an educator "saved me"--and the "rest of the story" brought a smile to my face: In my scrapbook, is a letter from B that says, "Dear Mrs. Lofton, Last night my cat had kittens in my bed."

In rereading what I learned from my second graders, I realize these are principles that apply to learners of all ages. As I learned from Dr. Seuss, "A person's a person no matter how small"...or how tall! The principles are particularly relevant at Lofton Staffing and consistent with the beliefs on which the company was founded: building on people's strengths; helping others be successful; meeting people's basic needs; working together to maximize our strengths, solve problems, support each other; and finally, recognizing that none of us is perfect, but we are all very good and capable of getting better!

A Memorial Day "Thank

By: Thomas Maupin, Little Rock Area Manager



I have to share with my friends and colleagues the fact that today I was reminded by something as to the importance of this coming holiday and what it means. It was

really two things: The first is the recall of a saying by my late father who served in the 10lst Airborne. He spoke of how our country may not be perfect, it may have significant

issues, appears lost and at times hanging on by a thread, but if that thread is tied to the principals our founding fathers fought for and designed our nation by, then America will continue to be the place worth fighting for and provide to future generations.

The second is in my office. A couple of desks away sits a veteran that served our country for 23+ years in the U. S. Navy. Ingrained in him is the sense of honor, duty and integrity that still shines on a daily basis. He is a recipient of multiple purple hearts, various ribbons and medals and even the Navy Cross. None of which he speaks about

openly. However, they all are a testament to his character complete with the scars, both visible and not, as to the type of American that built this country to be the best in the world. So please take extra pause frequently and think of those that have given us our freedom - not just this time of year, but every time you are reminded of the privilege we have to be an American. Be sure to thank those that we can every chance we get and in so doing we honor and remember those that paid the ultimate sacrifice. So, dad, and Lt. Cmdr. Robert D. Collins, USN Retired, and all of our other heroes, I thank you, and may God Bless America.