

LAGNIAPPE



LOFTON
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SERVICE INC.



Monthly Employee News

August 2017

Workplace Heat Stress

By: Steve Ham, Lofton Safety Services

With the summer upon us, one concern that seems to sneak up on workers during high heat periods is heat-related illnesses. Working in a hot, humid environment can be difficult or even fatal if you ignore the signs and symptoms of heat-related disorders. While our bodies have several ways of maintaining a safe temperature (like sweating), it becomes much more difficult in a hot environment. When the body is unable to cool itself and begins to overheat, heat stroke is a likely outcome. When your body temperature reaches 104°F, you are suffering a heat stroke.

What are the symptoms?

- High body temperature
- Nausea/vomiting
- Flushed or red, dry skin
- Rapid, shallow breathing
- Headache or dizziness
- Seizures
- Loss of consciousness
- Muscle weakness/cramps
- No sweating

Heat stress is the body's response to heat loading. Factors that contribute to heat stroke include:

- Environmental heat source
- Amount of exertion required to perform a task
- Amount of time spent in hot or humid conditions
- Type of clothing worn

Reacting to heat stroke: It's imperative to have a good emergency plan to deal with heat illness, including calling 911, when you suspect someone is suffering a heat stroke. There are other actions you can take immediately to aid a heat stroke victim.

- Move the person to a cool area
- Remove PPE and excess clothing
- Apply ice packs to the armpits, groin, neck, and back. If ice packs are not available, try to cool the person's body temperature by fanning air, while wetting his or her skin.
- Monitor and maintain their airway, breathing and circulation.

Cheers, Gail Jumonville

By: Julie East, Corp. Marketing & Recruiting



Gail & Tommy Lofton

After 37 dedicated and loyal years, Gail Jumonville of our Baton Rouge branch has decided to retire. Gail will leave Lofton with the most years of service by any employee of Lofton, including our founder, Tommy Lofton.

Lofton first opened its doors in 1979 as Olsten Temporary Services. In 1980, Gail started her first and only assignment as an Olsten temporary employee inside the office. At that time, Olsten had only three employees - Tommy Lofton, JoAnn and Gail.

Gail has watched that two-room office grow into 13 offices throughout Louisiana, Texas, Mississippi and Arkansas. From that first assignment, she has been instrumental in the growth of the Greater Baton Rouge office. She was the first employee to make 10 years and the first to make 35 years. Gail would like to tell people, "I have worked longer for his company than Tommy Lofton has."

One of Gail's greatest qualities is her care and concern for others. Since we began our Inavero satisfaction surveys several years back, no one in our organization has received more positive comments from our clients and employees than Gail. She has truly lived out one of Mr. Tommy's core business beliefs - "People should feel better when they leave than when they came." Gail has excelled in her various roles with Lofton throughout the years, including Placements/Customer Service Rep, Placements Manager, Office Manager and in her most recent role as Manager of Professional Staffing Services.

"Lofton has been truly blessed to have an employee like Gail," says Bart Lofton. "She has been a part of this company practically since the beginning and will always be part of the Lofton family."

In keeping with the spirit of Gail's favorite island paradise, I'd like to say: Mahalo nui loa, Gail for everything you have done for Lofton through the years and for being a great friend to so many.

What's Happening This Month

Back to School

Back to school means school buses on the roads. If you are driving behind a bus, allow a greater following distance than behind a car. It is illegal in all 50 states to pass a school bus that is stopped to load or unload children. Here are the rules of the road when it comes to buses:



TWO-LANE ROADWAY:

When school bus stops for passengers, **ALL** traffic from **BOTH** directions must **STOP**.

TWO-LANE ROADWAY WITH A CENTER TURN LANE:

When school bus stops for passengers, **ALL** traffic from **BOTH** directions must **STOP**.

FOUR-LANE ROADWAY W/O A MEDIAN SEPARATION:

When school bus stops for passengers, **ALL** traffic from **BOTH** directions must **STOP**.

DIVIDED HIGHWAY OF FOUR OR MORE LANES WITH A MEDIAN SEPARATION:

When school bus stops for passengers, only traffic **FOLLOWING** the bus must **STOP**.





Lofton STARS - Striving to Achieve Real Success

By: Glenda G. Lofton, Ph.D.

As noted in last month's article, I am continuing my goal, suggested by Tommy, to downsize my five file cabinets (and a few boxes) at home. I am also "reliving" past Lofton training sessions I helped lead-- sessions focused on the research and beliefs on which Lofton Staffing was founded, that continue to contribute to our ongoing growth and success. Last month I focused on the importance of a team approach--"Growing Stronger Together," a session conducted in 1996 at the Lafayette Hilton. This month I was drawn to a session held in May 2002 at the historic Hotel Bentley in Alexandria—a memorable setting for a memorable meeting. (The hotel was constructed in 1907 by Joseph Bentley and early on became the focal point of social life in Central Louisiana. During World War I and World War II, it emerged as a center for families and visitors of the military. Troop commanders living there included Maj. Gen. George Patton, Lt. Col. Omar Bradley, and Col. Dwight Eisenhower. Guest celebrities there included John Wayne, Bob Hope, Mickey Rooney, and Tommy Dorsey. Huey Long was a frequent visitor, and his brother, Earl, was living there when he died shortly before being sworn in as U.S. Congressman.)

In this setting we were all challenged to be "STARS, Striving to Achieve Real Success." It reminded me of a poem that I had read to my second grade students when they faced a challenge, Shel Silverstein's poem, "Good-bye, Six—

Hello, Seven." To make the poem a little more relevant to our staff, here was my co-authored version, "Good-bye, Past - Hello Future":

*We're learning about our mission.
We're learning about our roles.
We're learning about market trends and the industry's future goals.
We're getting to all be superstars.
We're striving for an award.
And we're getting to think that stardom could be hard.*



The good news then and now is that "successful companies are characterized by a team approach," and as Coach Lou Holtz reminded us, "A team is a group of people all committed to each other's success. Ultimate success is predicated on how well we work together." It has been said that there are no guarantees in life, but research suggests ways to increase the probability of success. Successful organizations (1) focus on the people and the task, (2) have high expectations, (3) persist in spite of failure, and (4) are guided by God's principles of love and integrity that inspire openness and trust. In the workplace as in life, "what we are" communicates far more than "what we say."

Webster defines success as attaining a desired objective or end, but the research, my experiences in a nine-year school improvement project, and Lofton Staffing's growth over 38 years suggest that "real" success may be a little bit more. Back in 2002, I turned to the poet Shel Silverstein's book, *The Missing Piece* (1976) for the essence of "real success". The book begins...

"It was missing a piece. And it was not happy. So it set off in search of its missing piece. And as it rolled it sang this song, "Oh, I'm lookin' for my missing piece...Hi-dee-ho, here I go, Lookin' for my missin' piece..." It traveled on through sun, rain, and snow... And because it was missing a piece it could not roll very fast so it would stop and talk to a worm or smell a flower... and this was the best time of all... And then one day... "At last! At last!" It found its missing piece. And away it rolled and because it was now complete, it rolled faster and faster... So fast that it could not stop to talk to a worm or smell a flower... and now that it was complete, it could not sing at all. "Aha," it thought. "So that's how it is!" So it stopped rolling... and it set the piece down gently, and slowly rolled away and as it rolled it softly sang—"Oh, I'm lookin' for my missin' piece...Hi-dee-ho, here I go, Lookin' for my missin' piece.""

Then and now we are reminded, "Success is a journey, not a destination." Attaining goals is important, but let's not miss out on the happiness along the way. Tommy Lofton summarized it very simply when he challenged us as a team "to have fun and be better"...and Shel Silverstein might add, always asking, "What do I search for now?"



Officer Kudos

Shout-out to Officer **Jarrid Johnson**, New Orleans. Our client took the time to write an extensive email on Jarrid's outstanding performance. "I am simply writing this because (in my opinion), Officer Jarrid exemplified to me what an ideal security officer should be and I was very impressed and highly satisfied with his performance.

He was professional, attentive and courteous. It was quite obvious to me that Officer Jarrid takes his job seriously and performs it in an excellent fashion.

He kept a list of all personnel who were working in the yard and told me that he just wanted to account for everyone in case of emergency. When the crew went out for lunch, I told him that I would keep an eye on things for him so he could go out to grab something for himself. He declined because he didn't want to abandon his

post. I believe that Officer Jarrid is an outstanding representative of Lofton Security."

Another special shout-out to **Officer Clarence Abram**, Covington. "I want to thank Officer Clarence for his diligent efforts last night. It appears we had an intruder. While on patrol, Officer Clarence happened to surprise the intruder while exiting the West doors. He did all the right things, called me, (client), called 911, and called his chain of command. Well done Clarence and thanks for doing your job well."

Again, this is why Our Officers Make *THE* Difference. Thank you, Officer Jarrid and Officer Clarence for your diligence, professionalism, and remaining vigilant in your duties...you never know when something is going to happen. You are the perfect examples of Lofton STARS - Striving to Achieve Real Success. Keep that light shining bright!

OUR JACKSON OFFICE HAS
Moved

New Office Address:
6508 Dogwood View
Parkway, Suite B
Jackson, MS 39213

Phone:
769.243.8435