

# LAGNIAPPE



**LOFTON SECURITY SERVICE INC.**

**Lofton** **Lofton**  
ENERGY SERVICES MEDICAL SERVICES



## Monthly Employee News

June 2017

### Hurricane Preparedness

By: Steve Ham, Lofton Safety Services

It's that time of year again...hurricane season. The hurricane season runs from June 1st to November 30th. History teaches that a lack of tropical cyclone awareness and preparation are common threads among all major hurricane disasters. While hurricanes pose the greatest threat to life and property, tropical storms and depressions also can be devastating. Floods from heavy rains and severe weather, such as tornadoes, can cause extensive damage and loss of life.

Are you prepared for a tropical cyclone? A violent tropical cyclone with constant wind speeds of 75 miles per hour or more is known as a hurricane. A category 5 hurricane is the strongest storm, with wind speeds of 155 miles per hour and higher. A hurricane watch means conditions pose a possible hurricane threat in a specific area, usually within 36 hours. Here are some things to do to prepare for a hurricane:

- Have plenty of cash on hand.
- Plan multiple escape routes.
- Plan where to go if told to evacuate.
- Learn locations of official shelters.
- Ensure vehicle has plenty of gas.
- Prepare a supply kit, including batteries, candles, flashlights, first aid kit, portable radio, non-perishable food, and several days' water supply.
- Prepare the interior of your home.
- Prepare the exterior of your home.
- Bring in light-weight objects, such as garbage cans, garden tools, toys and lawn furniture.
- Avoid low-lying areas.

After the hurricane is over, keep listening to the radio or television for instructions. When local officials tell you it is safe, you may return home. While no one knows where the next hurricane may form or hit, being prepared is a good defense.

To stay prepared, you can log onto the National Hurricane Center at [www.nhc.noaa.gov/prepare](http://www.nhc.noaa.gov/prepare) and download the Tropical Cyclone Preparedness Guide.

### Save the Date: Annual Open Enrollment

Lofton's employees who have satisfied eligibility requirements will have the opportunity to have a personalized, one-on-one conversation with a professional benefit counselor to discuss enrollment options and the plans that Lofton has to offer.

Last Name Initial	Call-In Date
A - C	Wednesday, July 19 <sup>th</sup>
D - G	Thursday, July 20 <sup>th</sup>
H - L	Friday, July 21 <sup>st</sup>
M - P	Monday, July 24 <sup>th</sup>
Q - T	Tuesday, July 25 <sup>th</sup>
U - Z	Wednesday, July 26 <sup>th</sup>
OPEN TO ALL FOR CHANGES	Thursday, July 27 <sup>th</sup>

If your email, mailing address or telephone number has changed since January 1, 2017, please contact your local Lofton office immediately to update.

### What Makes A Dad

God took the strength of a mountain,  
The majesty of a tree,  
The warmth of a summer sun,  
The calm of a quiet sea,

The generous soul of nature,  
The comforting arm of night,  
The wisdom of the ages,  
The power of the eagle's flight,

The joy of a morning in spring,  
The faith of a mustard seed,  
The patience of eternity,  
The depth of a family need,

Then God combined these qualities,  
When there was nothing more to add,  
He knew His masterpiece was complete,  
And so, He called it ... Dad.



### What's Happening This Month

**June 6**  
D-Day



**June 14**  
Flag Day

**June 18**  
Father's Day



**June 19**  
Juneteenth

**June 21**  
First Day of Summer



## Living Life on a Want To, Like To, Love To, Choose To By: Glenda G. Lofton, Ph.D.

Why do you do the things you do? Why do you go to work each day? What motivates you to do better? In the late 1980's, thanks to the foresight of Mary Edwards, Director of SPUR, Louisiana's highly successful school improvement project, I was blessed to be a part of an "Investment in Excellence" seminar developed and taught by the memorable and innovative Lou Tice (1935-2012). The seminars, conducted worldwide and with school districts throughout Louisiana, challenged individuals to "unleash their potential to achieve ultimate success, to be a peak performer, and to be a happier person with a more balanced life." In one of the sessions, Lou pointed out that there are two kinds of motivation—restrictive motivation which is imposed by others from the outside and constructive motivation which comes from within.

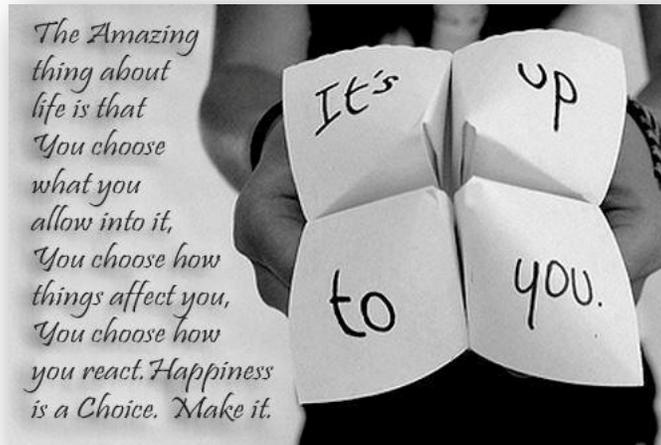
I literally had learned about restrictive motivation when I was only three years old. I had a favorite pink wool Sunday dress that my mother had made for me. While dressing to play on one of the hottest days in the middle of August, I found the dress at the back of my closet and decided I had to wear it. After several unsuc-

cessful attempts at explaining to me that it was not Sunday, and it was not winter, my dad "motivated me," much to my mother's dismay, to give up the dress. The next time

place and in life, living on a "have to basis—I don't really want to do this but I have to..." results in resentment, inflexibility, and routine work performance. But even more important, it robs us of the joy that comes from being accountable for our own actions, from exercising the free will that God has given each of us, from determining what's good enough for us personally and professionally, and then **choosing** to be better.

It has been jokingly said that we don't have to do anything but die and pay taxes. In truth, we don't have to pay taxes, but if we don't, we must be willing to accept the consequences. If the "have to's" have become a habitual way of thinking and living for you, Lou

Tice suggested living life on a "**want to, like to, love to, choose to basis.**" Begin by saying to yourself, "I don't have to do anything. I do this because **I choose to**, because I want good things to happen for me, my family, my coworkers, my clients, and my company."



my dad told me to do something, I knew **I had to...or else.** In observing the behavior of some children today, I sometimes think we need a little more motivation by threats and fear of punishment.

While restrictive motivation may be appropriate for young children who have not yet learned to make rational choices, in the work

## June 6 - More to History than D-Day By: Julie East, Corp. Marketing & Recruiting

June 6th is a day synonymous with D-Day. The military Operation Overlord launched on June 6, 1944 during which Allied forces landed on the beaches of Normandy, France. That began the liberation of Western Europe from Nazi control during WWII. D-Day is honored in the United States, England and France as more than 425,000 Allied and German troops were killed, wounded or went missing on that infamous day. But June 6th has more history than D-Day...check it out.

### **Battle of Belleau Wood**

June 6, 1918

Apparently this day was the perfect day for battle. On this day, the first large-scale battle by American soldiers in WWI began in Belleau Wood, France. U.S Marines under General James Harbord led the attack against four German divisions positioned in the woods, and by the end of the first day, suffered more than 1,000 casualties.

### **First Drive-In Movie Theater Opens**

June 6, 1933

On this day, motorists parked their automobiles on the grounds of *Park-In Theaters*, the first ever drive-in movie theater in Camden, New Jersey. Inspired by his mother's struggle to sit

comfortably in traditional movie theater seats, brainchild Richard Hollingshead came up with the idea of an open-air theater where patrons watched movies in the comfort of their own automobiles. Drive-ins became an icon of American culture in the late 1950s to mid 60s.

### **Major League Baseball Games Cancelled**

June 6, 1944

With thousands of Allied troops storming the beaches of Normandy, Americans held their collective breath. As the battle raged throughout the day, it became clear that this was the beginning of the end of World War II. Baseball commissioner K.M. Landis announced all of the day's baseball games were canceled. Only two other times has baseball been cancelled: on the day President Warren Harding died in 1923 and during six days from Sept. 11-16 2001, because of the terrorist attacks in New York and Washington.

### **George Orwell's 1984 Is Published**

June 6, 1949

On this day, George Orwell's novel, *1984*, is published. The novel's all-seeing leader, known as "Big Brother," becomes a universal symbol for intrusive government and oppres-

sive bureaucracy. *1984* brought him lasting fame with its grim vision of a future where all citizens are watched constantly, and language is twisted to aid in oppression.

### **The Ed Sullivan Show Airs For The Last Time**

June 6, 1971

For more than two decades, *The Ed Sullivan Show* was the premiere television showcase for entertainers, including comedians, vaudeville acts and, most significantly, some of the biggest names in rock and roll, including The Rolling Stones, The Supremes, The Doors, Janis Joplin, Gladys Knight and the Pips, and more. Most notably was Elvis Presley's first appearance on the *Ed Sullivan Show* in 1956 and the historic American debut of The Beatles in 1964. The *Ed Sullivan Show* ran for 23 years after its 1948 premiere.

### **Sex and the City Premieres on HBO**

June 6, 1998

On this day, HBO airs the pilot of *Sex and the City*, a comedy series about four single women living in New York City. The show's creator loosely based the show from the book of the same name. The series ran for six seasons and was so popular it was adapted to a feature film in 2008.