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ENERGY SERVICES MEDICAL SERVICES SAFETY SERVICES

MONTHLY EMPLOYEE NEWS

November 2018

Deer Hunting Safety

By: Steve Ham, Lofton Safety Services

It's that time of year...deer hunting. When it comes to hunter safety – learn it, preach it and above all, remain conscious of hunting safety anytime you head into the woods.

Gun Safety

- ALWAYS assume every firearm is loaded. Be sure to point the muzzle in a safe direction and NEVER point your firearm towards another person.
- Be familiar with your firearm. Know how to carry, load and unload it beforehand. Know what to expect when you pull the trigger.
- Be sure the firearm is in the safety position until you intend to shoot.
- Be aware of what is behind your target before you shoot.

Tree Stand Safety

- ALWAYS carry a cell phone and keep it on your person. Don't put it in a pack that you may take off or hang in a tree. If you fall - your phone will not be with you.
- Check tree stand straps and steps, and replace anything that is worn or weathered.
- Wear a full body harness and wear it properly.
- Use a rope to pull up your firearm or bow.

Wear Blaze Orange

The visible portion of a cap and outer clothing above the waist, excluding sleeves and gloves, must be blaze orange when hunting or trapping during any open season where deer may be taken by firearms.

Non-Hunters

- Wear bright clothing. Choose colors that stand out, like red, orange or green. Blaze orange vests and hats are advisable.
- Don't forget to protect pets. Get an orange vest for an accompanying dog.
- Know the dates of hunting seasons. Learn about where and when hunting is taking place.
- It's better to not head into areas known for deer hunting until season is over. But if it cannot be avoided, don't make unnecessary noise to disturb wildlife.
- Make your presence known. If a non-hunter hears shooting, you should raise your voice and let hunters know you are in their vicinity.



Officer Kudos

Shout out to **Officers Robert Jones, Samantha Compean, and Nikko Jones**, Houston. They volunteered to personally greet VIP guests at our client's facility...opening doors, greeting them by name and taking care of their luggage. It's the special touches that make our officers more than a security detail, but a security partner!

Another shout-out to **Officer Cartia Carter**, Lake Charles. Our client made sure to reach out to Lofton on his outstanding job! *"I have been meaning to email you about Cartier. The team has been extremely impressed with his performance and believes he is a true asset to our facility. I can always count on him to make sure our guard shack and our inventory deliveries are well taken care of. He has stepped up and been instrumental in training the guards correctly and positively."* Outstanding job, Cartier!

Special shout out to **Officer David Gomez**, Baton Rouge, who was recognized by the St. Gabriel Police Department. During an investigation at a client site, Officer Gomez was very helpful and professional. So much, in fact, that the investigating Detective called the office to praise him. Outstanding job, David! Keep up the GREAT work!

Congratulations **Officer Erica Cedotal**, Gonzales, on her **20 Year Anniversary** with Lofton Security Service. Erica has worked at the same chemical plant as a security officer for those 20 years. *Relationships are built one-on-one* and that is what Erica has done. She has built an invaluable relationship with our client and strong understanding of the facility. Our clients expect a relationship - not just a physical presence from their security provider. Thank you, Erica for all that you do! You are the reason Lofton Security Makes a Difference!

Do you know someone who has the same integrity, work ethic and drive to be a Lofton Security officer?

Refer your friend to Lofton Security and receive a \$50.00 bonus after their first 40 hours.

Have them complete the online application at www.loftonsecurity.com and put you as a referral.

Call your local Lofton office for more details.

What's Happening This Month

November 4
Daylight Savings Ends



November 6
Election Day

November 11
Veterans Day



November 22
Thanksgiving Day

Lofton offices will be closed on Thursday, Nov. 22nd & Friday, Nov. 23rd for the Thanksgiving holidays.

Become a fan of **Lofton Staffing, Lofton Security, Lofton Energy, or Lofton Medical**. Stay on top of current job openings, get great tips on job hunting, and stay in contact with some of your Lofton friends!





LSU Football: Looking Back, Looking Forward

By: Glenda Lofton, Ph.D.

As many of you know, when LSU won the National Championship back in 1958, Tommy and I were both students at LSU (We met my first day at LSU, but that's another story). As one of eight Tigerette Twirlers in the Golden Band from Tigerland, I was immersed in the excitement and media hype surrounding the event, and I still have a scrapbook with highlights from that season. Although Tommy was not too excited to learn that I was a Tigerette, and we couldn't go to the ballgames together, we always met at the Huey Long Field House between classes (there was no Student Union back then), and I remember the excitement the day the university Daily Reville carried the headlines that LSU was ranked #1. Although my knowledge of the game was (and Tommy says still is) limited, in reflecting on the 1958 team's success, what stands out to me was the innovative three platoon system that Paul Dietzel introduced to take advantage of the substitution rules at that time. The three platoons known affectionately as the White Team, the Go Team, and the Chinese Bandits provided opportunities for more players to be actively involved and contribute as equals to the overall success of the team. Leadership was shared, and teammates helped each other be the best they could be. The Tigers were led by a backfield of Louisiana locals - Billy Cannon, Warren Rabb, and Johnny Robinson, all of whom received first team All-SEC honors after the season. The defensive accomplishments of the Chinese Bandits live on today when the band plays the Chinese Bandit song

each time our defense stops the other team.

Members of the 1958 Championship Team were honored on the 60th anniversary of their title at the halftime of the LSU/Ole Miss Game on September 29, 2018. Sadly Billy Cannon, winner of the 1959 Heisman Trophy was not there. He died on May 20, 2018, but his 89 yard punt return against Ole Miss on Halloween night in 1959 is considered by fans and sportswriters to be one of the most fa-



2007 LSU National Championship QB Matt Flynn with the Coaches' Trophy

mous plays in LSU sports history. The #1 ranked Tigers beat third-ranked Ole Miss 7-3. Members of the 1958 Championship Team will also be riding on a float at the Bengal Belles Meeting on Friday November 2 at the Raising Cane's River Center. Hopefully they will inspire the 2018 LSU Tigers riding on a separate float to "Beat Bama!" (On a lesser note, as one of the original Golden Girls in 1959, I will also be riding with the Golden Girl Alumni on a separate float.)

LSU's second national championship came in 2003, under the leadership of Nick Saban, against whom we will be cheering against on November 3 when LSU meets Bama. Nick

was good at articulating the following five principles for success and teaching them to the fans as well as the players: (1) Character counts; (2) persistence pays; (3) little things matter—including discipline, focus, execution and attention to detail; (4) teamwork and trust make a difference (the 1958 team had shown us that); and (5) success is a journey, not a destination.

In looking at the 2007 National Champions, it seems that the seniors from the 2003 team had the additional benefit of having these principles reinforced by Les Miles who also "walked the talk." As the seniors internalized and modeled these principles for their teammates, they not only became the "winningest" group of players in Tiger football history, but helped their team become the first school to win two championships in the ten-year history of the BCS. They were also the first team to become the national champion after losing two games. Charles Lambert, a trainer who worked with the players weekly, told me, "They are a team that never gave up!" Sam King in The Advocate wrote, "The one thing that has become so obvious about this team is its ability to, somehow, some way, find a way to win." But I still like Les Miles' statement best, "I have to give some credit to divine intervention and grace that allowed us to be in this position and a great group of young men.

As each of us attempts to learn and grow, it's reassuring to note that although we're all flawed, with God's help and the help of others, we too can say, "I'm not perfect, but I'm very good, and I'm capable of getting better." And as Coach O, our Louisiana man, would say in that gruff voice, "**Geaux Tigers!**"

Your Health Pro Team

By: Mary Dixon, Benefits Coordinator

Health benefits can be confusing, medical costs are rising, and finding the right care for you and your family can be frustrating. As part of your Lofton healthcare plan, Compass can help you simplify the experience. Compass can help you...

- Understand insurance benefits
- Find highly rated doctors
- Save money on healthcare
- Pay less for prescriptions
- Resolve billing errors
- Schedule your appointments

To get started, complete your online profile at member.compassphs.com. You will need your Lofton Medical Insurance UMR card to register. Questions? Contact a Compass Health Pro at answers@compassphs.com or 800.513.1667.

Lofton Walks to End Alzheimer's

The Lofton Lafayette crew attended the 2018 Acadiana Walk to End Alzheimer's on Saturday, Sept. 29th. The Alzheimer's Association Walk To End Alzheimer's is the world's largest event to raise awareness, and funds for Alzheimer's care, support and research. For more information on how you can help, go to www.alz.org/walk. #walk2endalz



Pictured L to R: Kaydee Parich, Melvin Morgan, Byron Blanchard, Nicole Boutte, Elmora Sonnier, Dominique Roberts, Stephanie Norwood, Cindy Lofton, and Jasper Sonnier.